# Rapidly Scaling Telehealth In Response to COVID-19

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# A Vibrant Partnership Exists Between the University of Virginia (UVA) & MITRE, spurring MITRE Labs & UVA Health Innovation

#### **LEARNING LAB**

MITRE's sponsors bring challenges to the partnership and encourage MITRE engineers and UVA clinicians to explore ground-breaking approaches for care delivery via learning metrics and measures, telehealth and remote monitoring, medical cyber security, and shared analytics.

#### Enabling technology and data management innovation to improve medical care operations

Create robust **connected healthcare ecosystem** that nurtures investigation, safety, and assessment for all aspects of healthcare operations

Development of **powerful analytics** for improved predictive monitoring for critical illness

Enable **effective sharing of analytics** for multi-center development

Provide **frameworks** for bringing effective tools to remote medical facilities

Enable remote patient monitoring to reduce cost, improve patient healthcare experience



MITRE @ UVA
One Hospital Drive
Charlottesville Va 22908

#### **Health Learning Lab Focus:**

Mobile Health
Shared Analytics
Clinical Collaboration



#### Partnership initiated in 2015

**Public Organizations Working in the Public Interest** 



### MITRE@UVA Site Partnership Health Learning Lab

#### Mission Focus and Impact – Smart Connected Care

The MITRE@UVA partnership continues to garner sponsor support and have impact across both the national security and public service sectors.

In collaboration with UVA and other academic and industry participants, MITRE engages military, veteran, civilian health, and other sponsors to leverage engineering approaches for:

- learning metrics and measures
- · telehealth and remote monitoring
- medical cyber, and shared analytics

This activity focuses on reference platforms for both sensitive and nonsensitive experimentation, as well as standards studies spanning regulatory registries, clinical trials, wearables, garrison and expeditionary spaces, and clinical hospital and telehealth care needs. Notable collaboration between MITRE and UVA includes:

- •Partnering to scale, document, measure, and share telehealth services to vulnerable populations in response to the COVID-19 pandemic as well as provide provider wellness and resiliency tools
- •Leading standards development with the IEEE Engineering in Medicine and Biology Society, resulting in the IEEE P2795 standard for sharing analytics
- •Improving expeditionary health technology readiness through field exercises and mobile medical experimentation



https://www.mitre.org/sites/default/files/publications/MITRE\_UVA\_Fact\_Sheet.pdf

# UVA Health and MITRE help keep at-risk populations safe from COVID-19

UVA Health and MITRE partnered to develop COVID-19 Rapid Response Kits—a critical new tool for fighting the pandemic in Virginia. These kits, expanded telehealth capabilities, and remote monitoring are improving care for many vulnerable residents.



https://www.mitre.org/publications/project-stories/uva-health-and-mitre-help-keep-at-risk-populations-safe-from-covid

# Building a Joint Learning Lab through Academic Engagement

MITRE's UVA site launched in 2015.
Located on the grounds of the UVA School of Medicine and UVA Medical Center, it quickly became a <u>hub for collaboration and experimentation</u>. It includes a robust connected healthcare ecosystem that nurtures investigation, safety, and assessment for all aspects of healthcare operations.



### UVA Health and MITRE - Creating a Telehealth Blueprint

- "In just four short weeks, our partnership enabled a rapid response process for vulnerable populations," says David Cattell-Gordon, director of operations at the UVA Center for Telehealth. "This collaboration has already played an important role in helping save the lives of frail elderly during a major outbreak in skilled nursing facilities in our communities."
- The blueprint focuses on two main factors: communicating with isolated patients and delivering telehealth facilities and services to remote, at-risk groups. This approach enables medical teams to deliver ongoing care while continuing social distancing to reduce the load on health systems around the nation.
- COVID-19 poses challenges that require creative solutions for remote sensing, distributed surveillance, early detection, resource allocation, and resiliency planning. Since MITRE is using artificial intelligence to solve similar data and analytic challenges for national security, it was a natural fit to pivot this expertise to tackle the pandemic.

Our shared commitment to public service enables us to overcome the barriers that inhibit the technology and data management innovation

we need to improve medical

care operations.

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## Speaker

Ms. Cj Rieser PhD is a senior member of the IEEE women in engineering and medical communities. As the MITRE @ University of Virginia site partnership leader, Dr. Rieser directs an integrative engineering in medicine Learning Laboratory that collaborates on complex data environments, smart connected mobile telehealth systems, and shared clinical analytics capabilities to improve care, safety, and quality of life. She facilitates a working group of thought leaders spanning government, academia, as well as industry with interests in developing standards for both sharing analytics and portable data models. Her research focuses on cognitive analytics, cyber-physical systems, and human learning. Cj enjoys mentoring future generations of researchers in the study of emerging technologies, as detailed in selected publications.

